

Coverage for prescription drugs, dental care, health services, and more, helping with costs your provincial health plan doesn't cover

Health Benefits		Coverage
Prescription Drugs	80%	Up to \$3,000 per benefit year for medications listed under the NASA Formulary with a generic rider. The maximum dispensing fee is \$9.64.
		Vaccines: Up to \$300 per benefit year.
Vision Care	\$70	An eye examination is covered once every 24 consecutive months. The services must be performed by a licensed Optometrist or Ophthalmologist.
	\$100	Eyeglasses, contact lenses, and laser eye surgery are covered once every 24 consecutive months.
Paramedical Practitioners	100% \$40 per visit	Up to \$500 combined per benefit year for services from acupuncturists, chiropractors, dietitians (no per visit maximum), registered massage therapists, naturopaths, occupational therapist, osteopaths, physiotherapists, podiatrists/chiropractists and speech language pathologists.
Mental Health Practitioners	100%	Up to \$1,200 combined per benefit year for services from registered psychologists, qualified social workers, psychotherapists, therapists, or counsellors. Eligible practitioners are listed on the website.
Medical Equipment & Supplies	80%	Includes walkers, braces, prosthetics, crutches, canes, splints, trusses, wheelchairs, hospital beds, hearing aids, and more.
	50%	Custom-made foot orthotics and custom-made or custom-fitted orthopedic shoes, including modifications to orthopedic or regular footwear. Requires prescription and medical necessity. Pre-determination recommended.
Ambulance Services	100%	Reasonable and customary charges for emergency transportation to the nearest hospital, including air ambulance services.
Dental Accident	100%	Up to \$1,500 per accident for the repair or replacement of healthy, natural teeth that are damaged by sudden accident. Treatment must be completed within 12 months of the impact.
Emergency Travel Assistance	80%	Up to \$5 million per benefit year for emergency expenses on trips for vacation, business or education purposes originating from Canada.
Tutorial Insurance	\$15 per hour	Up to \$1,000 per condition if a student has been confined to their home or a hospital for at least 15 consecutive school days.
Accidental Death & Dismemberment	-	Loss of life, limb, or paralysis due to an accident, with a life benefit of \$6,000.
Dental Coverage is a combined maximum of \$750 per benefit year. Ask your dentist to submit a predetermination to TELUS Adjudicare prior to any dental treatment plan exceeding \$500.		
Dental Benefits		Coverage
Diagnostic & Preventative	80%	Complete oral examination per benefit year, one recall examination every 12 months, and a full series X-rays every 36 months. Up to 2 units of polishing, and up to 4 units of scaling once per benefit year.
Minor Restorative	80%	Amalgam and tooth-coloured fillings.
Oral Surgery	50%	Services associated with surgical extractions, including extractions of impacted teeth and/ or residual roots.
	10%	Services of minor surgical procedures, simple extractions and post surgical care.
Endodontic, Periodontic & Other Oral Surgery	10%	Root canal therapy and up to 16 units of root planing per benefit year.

Enrollment Confirmation

Eligible domestic and international students are automatically enrolled in the Student Benefits Plan — no application needed. Check your student account statement for USC Health Plan and USC Dental Plan fees to confirm enrollment.

How To Use Your Student Benefits Plan

- Confirm enrollment
- Understand your benefits
- Register on the Benefits Management Platform
- Enter your address & banking info in the profile
- Download benefit cards for direct billing
- Submit claims online for reimbursement if direct billing is not available

Online Applications

- Opt-out
 - Add dependents
 - Re-enroll
- Deadlines apply:** Submit your online applications by the deadlines. No exceptions will be made.

Coordinating Multiple Plans

If you are eligible for the health and dental plan and have another benefits plan, you can combine them to get up to 100% coverage.

Benefits Management Platform

- Register and manage your benefits online or via the mobile app!
- Download benefit cards
 - View coverage details
 - Confirm prescription coverage
 - Check plan usage and balances
 - Submit and track claims
 - Stay updated on events and changes
- Powered by Telus Adjudicare, a service of People Corporation**

Additional Benefits Designed for You:

Virtual Health Care

Unlimited virtual healthcare, connecting you with medical professionals to address your primary health care needs, anywhere in Canada.

In case of any discrepancy between the information provided here and the contract with the insurer, the contract terms will prevail. All benefits payable under the student plan are based on reasonable and customary charges.

Group #	Certificate #	Pharmacy	Dental	Health
177890	Your student ID (numbers only, no letters or leading zeros)	assure Carrier: 34	TELUS Adjudicare Carrier 000034	TELUS eClaims People Corporation

General Inquires

Room 77, University
Community Centre
Western University
healthdental@westernusc.ca

Contact Centre

Phone: 1-866-586-1010
claims@mystudentplan.ca
Claims not accepted via email

Emergency Travel Assistance

Policy No: SRG 9429073
In event of travel emergency
call: 1-819-566-3940
Provided by AIG Insurance

mystudentplan is becoming

ALUMO



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