

Minutes of the 7th Meeting of the 2015\2016 University Students' Council of the University of Western Ontario held on Wednesday, February 24th, 2016 in the Community Room, University Community Centre

Note: This meeting can be viewed in full or in part via streaming video at <http://www.usc.uwo.ca/government/council/meetings/index.asp>.

1. CALL TO ORDER

The Speaker called the meeting to order at 7:36 p.m.

2. O CANADA

The Speaker led Council in the singing of O Canada.

3. WESTERN SCHOOL SONG

The Speaker led Council in the singing of the Western School Song.

4. ROLL CALL

Speaker: Alif Karmali

Recording Secretary: Elizabeth da Ponte

5. APPROVAL OF THE MINUTES

No minutes to approve.

6. APPROVAL OF THE AGENDA

Motion to adopt the agenda as amended.

CATOON/Little/ Carried.

7. COMMENTS FROM THE CHIAR

The Speaker of Council, informed Council that of the changes to the Legislative Calendar, namely, changes to the date of the Annual General Meeting ("AGM II"). He notes that AGM II would take place on March 13th, 2016, beginning at noon and would be held the Wave.

He further noted that the CHRW AGM would be in held prior to the beginning of AGM I and that it is mandatory for Councillors to attend the meeting.

8. PRESENTATIONS

- i. Western's Mental Health Supports, Alexander Benac, Vice-President Internal (appendix 1)

Mr. Hamadache: *Could he send us this presentation?*

Mr. Orbach-Miller: *With the wellness centre in the basement, currently there is an issue, where students do not know where to go. Where do they go for services, how are they working with the university to make sure that this confusion does not happen.*

Mr. Benac noted that this would be one of the mission objectives of the wellness centre.

Mr. Orbach-Miller: *Do you think that this will take away from the peer support centre?*

Mr. Benac: This will bring more people to them.

Ms. Cheesemen: What about the wait list for 2016? Namely that there is no student on their waitlist?

Mr. Benac noted that with the change to 90 minutes sessions, which are more intense in nature, the need for a follow up appointment is reduced by 50 percent.

Ms. Cheesemen: *Was this started in winter 2016?*

Mr. Benac noted that currently there is now waitlist, but that there could be a be a waitlist in the future

Mr. Little: *Is there any way to make things less challenging, like a doctor's note?*

Mr. Benac , noted the challenges with academic accommodation for students with documented, on-going mental health concern. He informed Council that and perhaps a prearrange medical accommodation could be found and that he would bring the concern to the Vice-Provost

ii. 2016/2017 Operating and Capital Budget, Sophia Helpard, President

Ms. Helpard presented to Council, the USC 2016-2017 Operating Budget. She noted that she was in fact wearing the budget shoes.

Ms. Helpard informed Council of the timelines for the budget creation, and some of the changes that they would see in this year's budget. Ms. Helpard noted that the final approval on the USC budget remains with the University's Board of Governors.

Some of the changes that Council could expect to see in this years' budget include:

- year to dates
- pie charts
- justifications of costs
- notes and color printing

Ms. Helpard further noted that the aim of the budget was to maximize services for students. The approach to this years' budget was one where the USC is seen to provide a public good. She

further noted that the executive aimed to stay away from a pay per fee model that would charge for usage.

Ms. Helpard informed Council that in using bucket drivers, the budget was able to organize costs by functions of the organization. These drivers included, Advocacy, Student Programs and Services. She noted that there was also administrative buckets, dedicated to administrative work that was not previously accounted for.

Ms. Helpard informed Council that this budget was drafted with a minor surplus, which would allow for flexibility. She further noted that a deficit is not good, and too large a surplus was also to be avoided.

Key changes included:

SPO: Student programs 71 percent of funds
Dining in the dark, - initiative projects
Largest resource portfolio

Secretary Treasurer:
Supporting policy work
Increase in elections resources
Largely unchanged

Communication Officer:
Aware of advocacy, for the CO portfolio.

COUNCIL:
Separate budget for the costs from Council.
Training and development allocations
Budget lower than in the past

Ms. Helpard explained to Council the CPI Index inflationary rate being used to calculate increases in the budget. She noted a 2.4 increase the base fees. Ms. Helpard noted that there were, four other increases, including the Gazette (\$3.23) approved last year.

Ms. Helpard informed Council that the option of a venue fee was explored, ultimately, all of the spaces in the building can be kept free for students. The executive did not want to force students to pay out of pocket for the use of the UCC space.

Ms. Helpard noted that other fee increases are contractual, such as health and dental, and that this fee increase was to cover increasing insurance premiums.

Ms. Helpard also noted that negotiations with LTC had ended, and that the bus pass was increasing by seven (\$7) dollars. She further noted that the Health and Dental Plan fee increase would be thirty (\$30) dollars.

Ms. Helpard concluded with some challenges this year while creating the Budget. She noted that changes to legislation and the definition of a part time student resulted in a decrease in this year's base fee.

The Speaker looked to Council for a motion to recess for 10 minutes.

Farfan/Carried. (unanimous)

- iii. CHRW Presentation (30 mins)
(appendix 2-6)

The Speaker noted that Council was close to quorum, and if Councillors did not return from the break, there would not be quorum. The Speaker further noted to those in attendance that Council follows Roberts Rules of Order and that the expectation of members of the gallery, was to maintain decorum throughout the meeting.

Grant Stein, CHRW Station Manager Presented the CHRW Budget, noting that the fee had been frozen over the last 3 years. He further noted changes to the occupancy fees from last year and the assistance of the USC Marketing Department in generating revenue in the form of advertising.

Mr. Stein noted some revenue coming from the rental of the studio space this past year. And the creation of an advanced training production (8 week) course, as well.

Mr. Stein noted that the USC remains the largest revenue stream for CHRW, and that due to changes in the structure of the organization, other expenses were incurred to the organization this year that had been previously covered by the USC, namely HR and Accounting.

Mr. Stein noted that this year's CHRW Budget would include a 4th full time staff member. Mr. Stein noted that last year, with coordinators and 3 part timers could not satisfy that requirements of running CHRW.

Speaker of Council: Time is up, would anyone like to put forward a motion to increase time for the presentation. (This amendment will require a two-thirds majority vote to pass).

HAMADACHE/ Peterson / Carried.

Ms. Amoah: *Is other fundraising in place to generate alternate funding?*

Mr. Stein noted some events that CHRW had put on (pay what you can events) to raise funds.

Ms. Hardy, noted the addition staff member expense and questioned what other sources of funding CHRW was pursuing?

Mr. Stein informed Council that there had been an increase in local advertising sales of CHRW time via Diana Watson, of the USC. He further noted that there was a thirty-thousand (30K) dollar difference between part time and full time staff member.

Mr. Stein further commented that as part of the national campus radio association, they may be able to reach out to charities in order to sell advertising air time to generate further independent revenue.

Speaker of Council: *Time is up, would anyone like to put forward a motion to increase time for the presentation by 15 minutes.*

ABBOT/ Saddy/Carries

Mr. Hamadache: Could CHRW seek out public sources of funding, including city of London?

Mr. Stein noted that he had not approached them for advertising funding. He further noted that sponsorship was not a sustainable funding model.

Mr. Orbach-Miller noted that 70.7 percent of students do not listen to CHRW.

Mr. Stein noted that currently CHRW did not have commercial radio ratings. He noted that they have Google Analytics (120 percent increase) capability to monitor shows being downloaded and streamed. He noted that CHRW had only recently started tracking this information.

Mr. Orbach-Miller further noted that most Western undergraduate students rarely or never listen to CHRW.

Ms. Kitley: *Do you have exact numbers of information on Undergraduate student volunteers? 170 volunteers and staff does CHRW have?*

Ms. Cheesemen: *What is the current CHRW/USC relationship model, including student feedback mechanism (feedback, or survey)*

Mr. Stein noted that the only survey that was done was the 2012 survey.

Ms. Helpard : *Grant could you give a comment about the graduate student fees for CHRW?*

Mr. Stein noted that currently, graduate students do not fund CHRW.

Mr. Dodgson: *Could you comment on the motion itself?*

Mr. Hamadache: *I would like to hear what you would like to see as the outcome of this motion.*

Mr. Kelly, (Chair, CHRW Board of Directors) addressed the question.

Mr. Pillon: *Would you be willing to have graduate students split the fees with undergraduate students?*

Mr. Stein answered in the affirmative.

Mr. Abbot: of the roughly 50% of the salaried positions, are any of those people students?

Mr. Stein noted that the full time staff could not be undergraduate students.

Councillor: Have you looked into greater student involvement in these paid positions.

Mr. Stein informed Council that news, sports, and spoken word, need a full time staff member in these positions for training purposes.

7. COUNCIL BUSINESS

Motion #1 – CHRW Referendum

Whereas, the CHRW ancillary fee per student in 2015/16 is \$13.15;

Whereas, the total revenue from the CHRW ancillary fee allocated to CHRW in 2015/16 is \$382,875.40;

Whereas, the CHRW ancillary fee is scheduled to increase each year in perpetuity (indexed to inflation);

Whereas, the CHRW ancillary fee has not been reviewed and evaluated by students via referendum since 1979/80;

Whereas, data relating to student listenership that could demonstrate how CHRW's service benefits students has not been made available;

Whereas, the USC has the responsibility to ensure that ancillary fees collected from students are used responsibly and for the primary purpose of benefiting students;

Whereas, students should have the opportunity to decide what ancillary fees they pay;

Be it resolved that, Council approve the referendum question (see Annex1) to be brought to the student body in February 2017 to decide whether the CHRW ancillary fee should be discontinued.

FARFAN/Dodgson

Annex 1 – CHRW Ancillary Fee Referendum:

Western undergraduate students currently pay a mandatory ancillary fee of \$13.15 to support CHRW (campus radio) that was last considered through referendum in 1979/80. Should this fee be discontinued?

YES/NO

FARFAN/ Dodgson/Not Carried.

Mr. Farfan noted that Councillors should consider whether their constituents benefit from CHRW.

Mr. Dodgson addressed Council with concerns that fees are levied against students, but over time (due to high turnover) the USC losses track of these fees over time once they are instituted.

Mr. Pillon speaking against the motion, noting that it is not fair to assume that CHRW does not have a following.

Ms. Patron speaking against the motion, noting concerns with respect to where Western students will gain experience of this type on campus.

Ms. Everitt, speaking against this motion, noted that the Humanities students benefit from CHRW, and the arts initiatives that CHRW assists with.

Ms. Catton expressed that it was premature to motion for a referendum, and that due diligence on behalf of Council had not been done. She noted that every other service is evaluated by the PARC standing committee.

Mr. Little: (point of information) *Why the motion is about the discontinuation of funding?. What the rationale behind this?*

Mr. Farfan expressed that this only furthered bureaucratic delays and was a waste time. He expressed his preference to ask the students and let students weigh in on this issue.

Ms. Cheesemen: speaking against this motion, stating that this would be negligent on Council's part.

Mr. Diaz: question withdrawn

Mr. Little: Question withdrawn

Mr. Hurren, discussed the statistics being discussed from the 2012 survey.

Ms. Kitley: speaking in favour of the motion, noting that it would not be the case that this referendum would be taking funding away immediately.

Mr. Orbach-Millar: *where should the funds for this come?*

Motion #1 – CHRW Referendum

Amendment:

Be it resolved that, CHRW have the opportunity to bring an alternative finding model to Council in the Fall of 2016. If Council is satisfied with the alternative funding model, Council may, cancel the referendum.

KITLEY/Seconder/ Not Carried.

AMMENDMENT Discussion:

Ms. Hardy, noted that this was not the first time this conversation had come before Council. Council voiced the same concerns the previous year and the information on listenership is still outstanding.

Speaker Call the question. DALEK/Khalili / Not Carried.

Mr. Pratt: In favour of the motion.

Ms. Kitley (poi): noted that SOC had also considered discussed the CHRW fee being reduced.

Mr. Hamadache: (POI) *what is the involvement of the USC on the CHRW board of directors?*

Helpard deferred speaking rights to Mr. Stein

Mr. Stein noted a good working relationship with the USC.

Ms. Helpard: (poi) – noted she had not yet met Mr. Stein or Mr. Kelley prior to this meeting.

Mr. English: noted that faculty councils have fees, but that the CHRW fee did not have an opt out option.

The speaker of Council called the question.

BASSI/Pillon/ Not Carried.

Ms. Amoah – Proxy (Brandon Palin) noted that Council had not done it's due diligence in an effort to collect data with respect to this motion.

Mr. Saddy – (question withdrawn)

Motion to call the question.

KITLEY/ Saddy / Carries.

Motion #2 – Operating and Capital Budget Approval Policy and Procedure, and Council Composition Procedure

Whereas, the new By-law #1: Corporate By-law was approved on 27 January 2016;

Whereas, the by-law was passed acknowledging update policies were incoming for Council approval and discussion;

Be it resolved, Council approve the Definitions Policy, Operating and Capital Budget Approval Policy and Procedure, and Council Composition Procedure.

PILLON/Hardy/Carried.

Mr. English noted that the contents of the document were all the definitions in the organization.

Motion #3 – Standing Committees of Council 2016

Whereas, the current standing committee structure does not provide an equal distribution of responsibilities;

Whereas, the current Standing Committee Terms of Reference does not account for the evolution of the USC's Executive roles or for the changing mandate of standing committees of council;

Be it resolved, Council approve new Standing Committee Terms of Reference.

HAMADACHE/Farfan/Carried.

Mr. Farfan addressed Council with the changes to the Standing Committee composition proposed in the motion, noting that participation on standing committees would be voluntary for presidents of the faculties.

Ms. Hardy noted that these changes allow the committees to have more of a connection with the executive, and a closer working relationship with the leaders of the organization.

Ms. Cheeseman, spoke against this motion, noting that fewer standing committees would lead to more work for each committee, and the opportunity of running the risk of work being left behind.

Ms. Kitley, spoke in favour of the motion. She noted that this would allow for a more even distribution of work. She further noted that if the committee felt that more work should be done on a topic, which the chair could strike sub-committee.

Ms. Amoah (Palin): question withdraw

Ms. Hardy noted that the workload is currently not proportional for each standing committee.

Mr. Farfan noted that the current structure leaves many on Council with little to no work.

Mr. Farfan inquired is preferential voting for the Chair would be implemented.

The Speaker looked to Council for the amendment. That the maximum of 16, minimum taken out. Carried unanimously.

Ms. Kiteley noted that this provides leadership roles for members on Council.

Mr. Pratt called the question.

Motion #4 – Constituency President’s Replacement Amendment

Whereas the USC By-law 1 says that when a president chooses to forfeit their seat on council there will be interim member appointed until a fall by-election can be held. (Annex 2)

Be it resolved that the USC approves the changes to By-law I as outlined in Annex 1

PILLON/Hardy/Carried .

v. Constituent council presidents shall have the option to decline taking their voting seat on Council. ~~In so doing, their constituent council shall appoint an interim replacement until a permanent Ordinary Member can be elected during a by election.~~ In so doing, the runner-up with the most votes determined in the election will retain the vacant seat. If there is no runner-up from the election, the constituency council shall appoint a member to Council from their constituency council. The Speaker of Council and the Coordinator of Council Services must be advised of this intention before the Annual General Meeting 2. ~~annual Summer Meeting of Council. so that an interim replacement can be appointed, and arrangements can be made for a Fall by election.~~

Mr. Pillon spoke in favour of the motion, noting that the President does not sit with the current council.

Ms. Hardy noted that this motion would be relating to constituency council member.

Mr. Dodgson discussed leaving the procedure the way it is and have the President appoint a proxy.

Ms. Lee-Kim: question withdrawn

Mr. Pratt called the question, seconded by Ms. Manuel.

Motion #5 – Charity Ball Audit

Whereas, the Committee has thoroughly completed its review of Charity Ball, including analysis of a student-at-large survey (reaching 221 students);

Whereas, the Committee has developed recommendations for Charity Ball to be submitted to both the Student Programming Officer (Taryn Scripnick) and Charity Ball Coordinator (Diana Su);

Be it resolved, the following recommendation be incorporated into the Charity Ball program, with justifications outlined in the attached document:

- A. Improve advertisement through:
 - i. Expanding beyond UCC location
 - ii. Presentation at Faculty Councils and Soph meetings

- B. Host event at outside venue
- C. Collect contact information of ticket purchasers in order to gather:
 - i. Music requests via Google forum
 - ii. Number of students planning to use transit service
 - iii. Dietary restrictions
- D. Improve coordination of food through:
 - i. Spread out- timing and location
 - ii. Label
 - iii. Supervision throughout the night
 - iv. Set up early in the event
- E. Executive composition- replace Theme portfolio with Charity Awareness portfolio
- F. Increase transparency of final financial contribution to charity
- G. If attendance continues to decrease, consider the following options:
 - i. Sit-down dinner and increase “formal” aspect of event
 - ii. Opening up event to larger student population (wet/dry event)

Be it further resolved, Student Programming Officer and/or Charity Ball Coordinator follow-up with the Committee if any recommendations cannot be incorporated into the program, and provide justification for this decision.

HARDY/Bassi/Carried.

Mr. Pratt, called the question.

9. NEW BUSINESS

Motion #6 – Motion to Destroy OUSA Ballots

PATRON/ Pillon/Carried.

10. ADJOURNMENT

PRATT/ Perkins/ Motion to adjourn. 12:24a.m.
unanimous/Carried.

The meeting adjourned at 10:20 p.m.

President

Recording Secretary

Approved on: _____

Sign In/Sign Out

<u>Name</u>	<u>Time In</u>	<u>Time Out</u>
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An Introduction to MENTAL HEALTH AT WESTERN

COUNCIL MEETING OF FEBRUARY 24TH, 2016

What are we talking about?

We will be visiting the following topic areas over the next half hour:

- ▶ Annual update on Peer Support Centre operations
- ▶ Overview of mental health services on campus, the roles and scope of practice for each
- ▶ Discussion of campus climate (form 1 apprehensions, limits of service)
- ▶ Looking to the future of mental health care



Why are we talking about this?

- ▶ Understanding the scope of practice at each service will help get students where they need to go
- ▶ Frames a solution-oriented conversation about improvement
- ▶ Speaks to student concerns about the state of mental health care on campus
- ▶ Check-ups should happen periodically, anyways
- ▶ Clear up misconceptions about campus and community services



Annual Update for 2015/16 on the PEER SUPPORT CENTRE



Where were we?

- ▶ Space was a health and safety hazard
- ▶ Half the volunteer complement we needed to adequately cover shifts
- ▶ No willing campus partners
- ▶ Difficult relationships with third-party contractors
- ▶ No professional support
- ▶ No data monitoring
- ▶ No training program
- ▶ No outreach program
- ▶ No traffic



Where are we now?

- ▶ Professional partnerships with leaders in providing on-campus mental health that have resulted in high-quality service at a low cost to students
- ▶ Philanthropic support from a family committed to program success
- ▶ Registered psychotherapist designed training program in accordance with CMHA guidelines for best practice in peer support provision
- ▶ Ongoing professional support for volunteers in the form of group supervisions
- ▶ Highly competitive recruitment period
- ▶ Data tracking capabilities
- ▶ Larger than ever applicant pool
- ▶ Volunteer appreciation
- ▶ Safe, comfortable, flexible space that saves students money
- ▶ Weekly mental health programming - art therapy, discussion groups, Hope's Garden
- ▶ Higher traffic



By the numbers

- ▶ 160+ applicants for volunteer positions
- ▶ Current cohort of 36 volunteers
- ▶ 4-6 group supervision sessions monthly
- ▶ 80 recorded one-on-one sessions between volunteers and visitors, the vast majority of them for a mental health concern
- ▶ Hundreds of visitors dropping in for open houses, mental health programming, therapy dogs
- ▶ Up to 12 individuals per after-hours sessions



Where will we go from here?

- ▶ Enhanced partnership with new Wellness Education Centre
- ▶ Greater flow-through between Student Development Centre, PSC
- ▶ Additions to training (cultural competency, LGBTQ issues, discipline procedures)
- ▶ Strengthen outreach by targeting different locations on-campus



Summary

- ▶ Robust, best-in-class program
- ▶ Strong foundation
- ▶ Organizational asset; no longer a liability
- ▶ Still underutilized



Overview of the Student DEVELOPMENT CENTRE



Snapshot

- ▶ Embraces a philosophy of holistic development
- ▶ Composed of multiple sub-units with varying mandates
- ▶ Located in Western Student Services Building on the 4th floor
- ▶ Serves as an internship training centre for clinical psychology, school of social work, faculty of education students
- ▶ Provided 9683 hours of counselling support to students in 2013-2014, a 21% increase over the prior year and a 115% increase over six years ago
- ▶ Offers 107 multi-week psychotherapy groups, lectures, and training sessions, with attendance pegged at 2,400
- ▶ Is, by any measure, understaffed, but coping well due to changes in its service provision model
- ▶ Staff of 9, including psychologists, psychotherapists, and counsellors
- ▶ No waitlist for 2015-2016, down from a waitlist that peaked at 213 in 2013.



Service Offerings

- ▶ Psychological Services (individual and group counselling with specialists for international students, sexual violence, LGBTQ issues, and eating disorders)
- ▶ Indigenous Services (cultural/social programming, transitional support, referrals, mentorship/leadership)
- ▶ Learning Skills Services (supports development of skills like time management, essay planning, writing essay exams, managing test anxiety, improving concentration)
- ▶ Services for Students with Disabilities (academic accessibility)
- ▶ Writing Support Centre (essay writing help, discipline-specific writing)



What's new?

- ▶ Single-session drop-in therapy
- ▶ Counsellor participation in Orientation program
- ▶ Wellness Centre



Scope of practice

- ▶ Short-term "bridging"
- ▶ Works with student to find more suitable long-term support in the community
- ▶ Counselling, psychotherapy, psychology, NOT psychiatry





Overview of the Student HEALTH SERVICES

Snapshot

- ▶ Embraces a medical model to address mental health illness
- ▶ Located in the University Community Centre, in the basement
- ▶ Saw over 11,000 mental-health related cases in 2015
- ▶ From 2014-2015, SHS recorded roughly 54,000 individual visits for medical services and 10,000 visits for counselling services.
- ▶ Requires a full staff complement of about 35 people to run on the average business day.
- ▶ 6 psychiatrists, 3 psychotherapists, 2 social workers



Service Offerings

- ▶ Family doctors office
- ▶ Mental health care
- ▶ Body awareness training
- ▶ Group therapy sessions
- ▶ Health promotion
- ▶ SERT



What's new?

- ▶ New psychiatrist, new social worker, new psychotherapist
- ▶ Funding to make another social worker position permanent
- ▶ Wellness Centre



Scope of practice

- ▶ Medical model
- ▶ Often refers to Psychological Services for clients that don't require medication
- ▶ Psychiatry and psychotherapy, NOT psychology



The
PROBLEM



Campus climate

- ▶ Lots of attention on mental health means more traffic
- ▶ Provincial government scaling back contributions to PSE
- ▶ Students loathe to pay more in student fees
- ▶ Higher-than-ever caseload, more counselling hours provided than ever before (almost 10,000 hours in SDC alone from 2013-14)
- ▶ 2-8 week waitlists to see a psychiatrist in Student Health Services
- ▶ 1 year's worth of form-1 apprehensions in September alone
- ▶ More police involvement in cases than ever before



University climate by the numbers

- ▶ 5x higher rate of growth in counselling centre usage than enrollment
- ▶ Increases in depression, generalized anxiety, and social anxiety
- ▶ Increase in lifetime prevalence of non-suicidal injury
- ▶ Reduced stigma, improved ability to ID students at risk, more reasons to be stressed and anxious drive people to counselling centres
- ▶ Odds of a student staying enrolled in university while living with a mental illness increases three-fold if they see a counsellor while studying
- ▶ Wait lists keep unit directors up at night



We STILL have yet to reach our upper limit

- ▶ Counselling services on campus are not seeing everyone that could be seen
- ▶ Thought to be between 25% and 40% of students



Best practices vs. Best-with-what-we-have practices

- ▶ The services will be among the first to acknowledge that they aren't perfect
- ▶ Addressing campus climate by doing the best with what they've got. We call these, best-with-what-we-have practices, or desperate practices
- ▶ A best practice implies optimal care
- ▶ When centres respond to an issue with a scarcity of resources as their primary lens, it's a desperate practice
- ▶ Desperate practices include session caps, wait lists



Expense

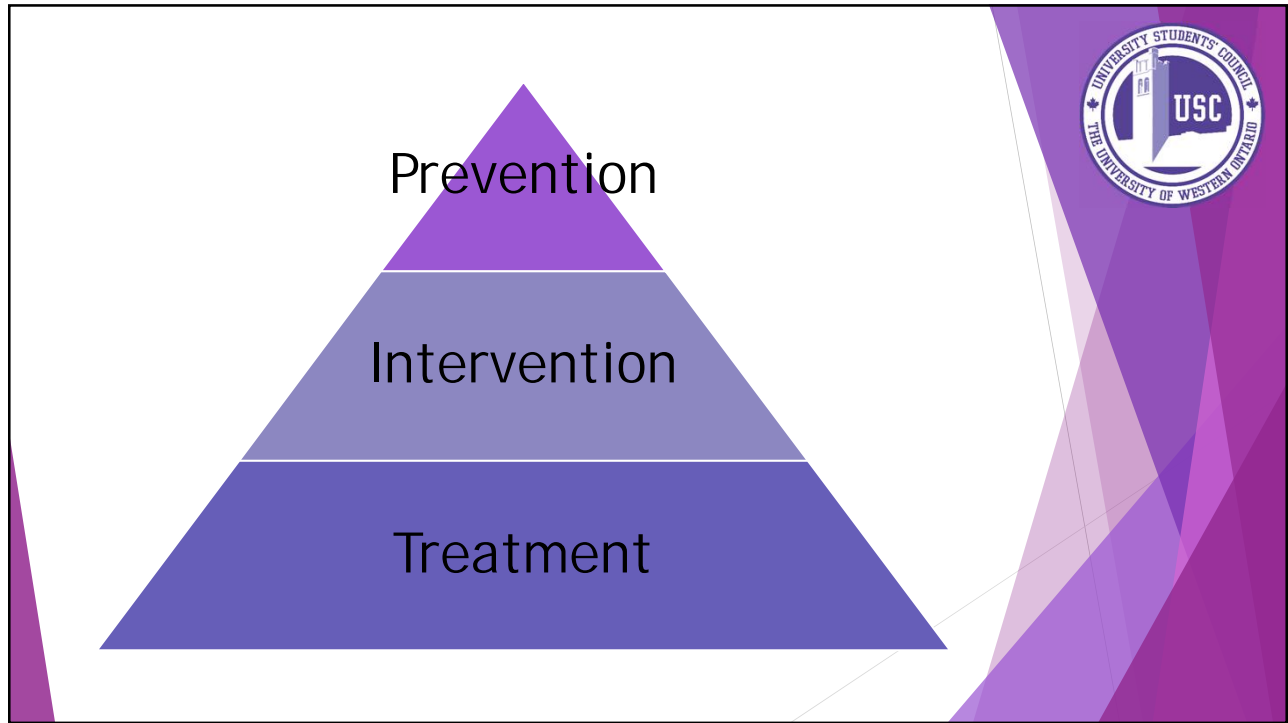
- ▶ Resources are scarce
- ▶ We're spending far less than we would need to spend to see everyone who could need counselling support
- ▶ SDC is very cost effective and SHS has a convenient funding model, but the way in which we provide care is, on the whole, the most expensive possible way



Expense

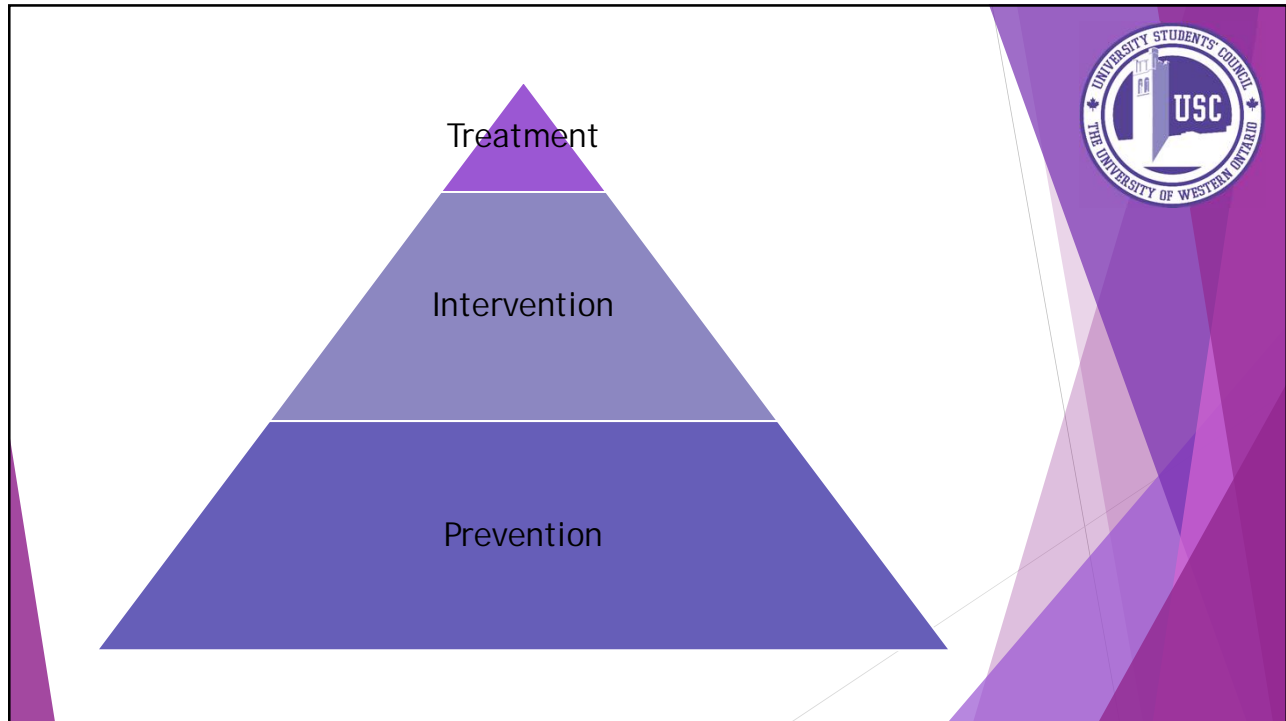
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The
SOLUTION

UNIVERSITY STUDENTS' COUNCIL
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Focus on preventative care

- ▶ Invert the pyramid and focus on prevention and intervention
 - ▶ Resiliency building skills
 - ▶ Learning skills workshops
 - ▶ Wellness coaching
 - ▶ Gatekeeper (mental health first aid) training
- UNIVERSITY STUDENTS' COUNCIL
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"Best" practices

- ▶ Cornell is seeing a gradual reduction in the percentage of students that identify as "unable to function academically" for at least a week due to mental illness - 6% every ten years
- ▶ Counsellors without case loads to coach faculty through intervention
- ▶ Wellness coaching and goal setting programs
- ▶ Embracing health promotion and wellness education
- ▶ Mindfulness and resiliency building group sessions
- ▶ Integrated mental and medical health services
- ▶ Online scheduling, same-day phone assessments
- ▶ Screen for depression in every primary care visit
- ▶ Behavioural health consultants
- ▶ Crisis managers in Dean of Students' office
- ▶ Means restrictions for suicide





UNIVERSITY STUDENTS' COUNCIL OPERATING AND CAPITAL BUDGET

WEDNESDAY, FEBRUARY 24th, 2016

BUDGET CALENDAR



- Budget Strategy Team meets to compile budgets from executive portfolios and departments to prepare the first draft of the budget.
- Budget must get approval from the Board and Council.
- Budget brought to the Property and Finance Committee of the Board of Governors for final approval.

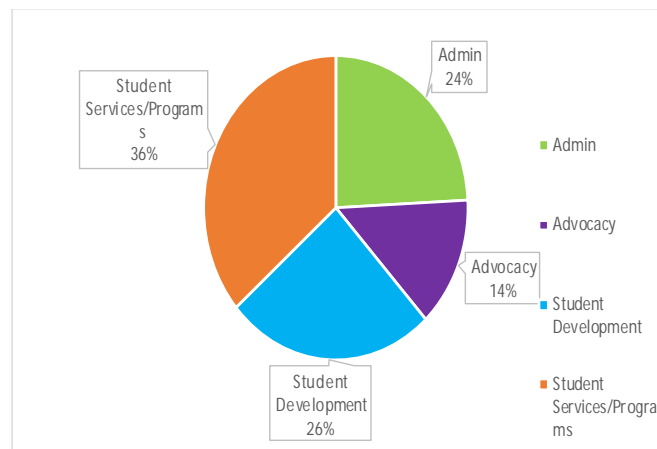
PRINCIPLES OF THE BUDGET

1. Respecting the four-year budget.
 - ▶ Passed last year with the 2014/2015 council.
2. Clarity in the presentation to build understanding.
 - ▶ With more definitions, visual representations and justifications of costs.
3. Maximizing service to the entire community.
 - ▶ Prioritizing accessibility of resources, staff and spaces.

OVERVIEW OF THE EXECUTIVE AND COUNCIL BUDGET

Budget Drivers:

- Advocacy
- Student Services and Programming
- Student Development
- Administrative Costs

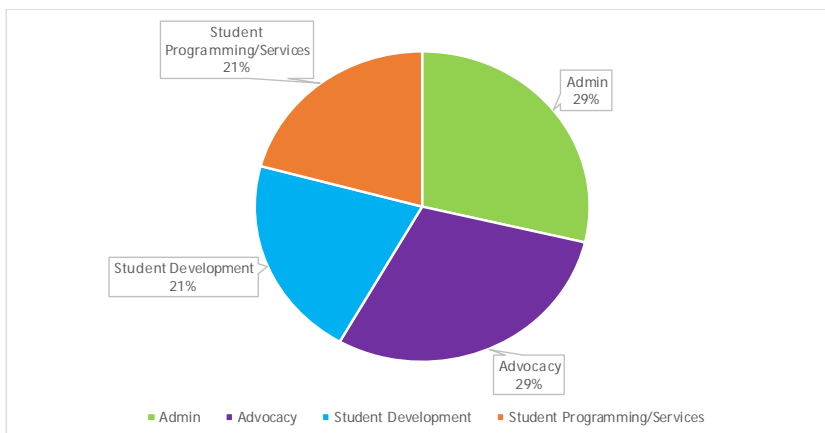


Budget 2014/2015	Budget 2015/2016	Description	Budget 2016/2017	Budget 2017/2018	Budget 2018/2019	Budget 2019/2020
\$ 135,014.94	\$ 124,082.79	President	\$ 140,904.66	\$ 144,509.10	\$ 148,017.59	\$ 151,472.36
\$ 160,421.98	\$ 160,978.62	Vice-President	\$ 90,557.26	\$ 93,246.76	\$ 95,341.80	\$ 97,484.49
\$ 240,362.05	\$ 260,994.78	Student Programs Officer	\$ 312,798.71	\$ 321,564.09	\$ 330,548.94	\$ 339,812.79
\$ 90,098.33	\$ 72,525.37	Communications Officer	\$ 88,802.14	\$ 90,885.14	\$ 92,966.48	\$ 95,097.41
\$ 106,308.29	\$ 86,755.03	Secretary-Treasurer	\$ 82,002.36	\$ 83,916.62	\$ 85,825.07	\$ 87,778.84
\$ 732,205.59	\$ 705,336.59	Total Executive	\$ 715,065.14	\$ 734,121.71	\$ 752,699.88	\$ 771,645.90
\$ 32,550.00	\$ 29,100.00	Total Council	\$ 17,800.00	\$ 18,245.00	\$ 18,701.13	\$ 19,168.65
\$ 764,755.59	\$ 734,436.59	Total Base Student Fee Expense	\$ 732,865.14	\$ 752,366.71	\$ 771,401.01	\$ 790,814.55
		Total Base Student Fee Revenue	\$ 748,135.83	\$ 766,376.54	\$ 785,535.96	\$ 805,174.36

PRESIDENT

Key Changes:

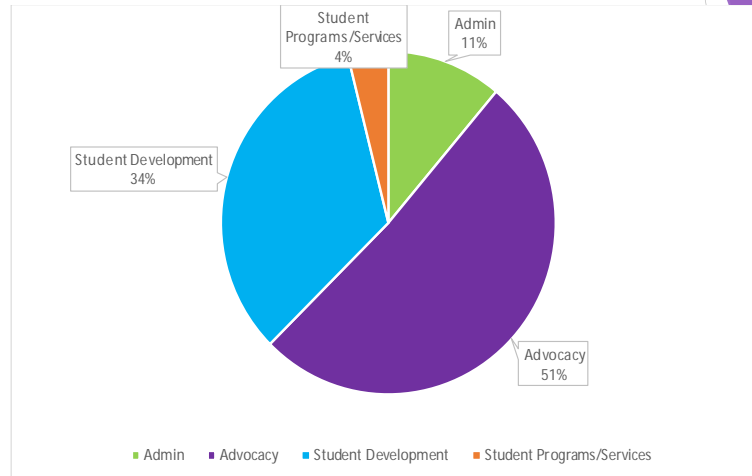
- Addition of federal advocacy.
- Addition of midnight breakfast.



VICE PRESIDENT

Key Changes:

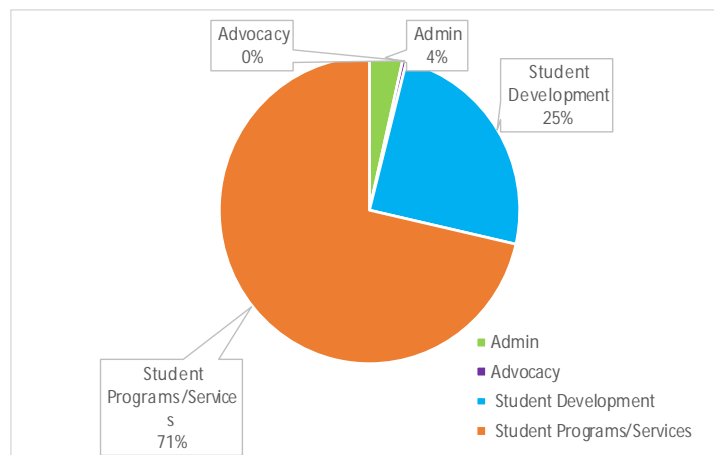
- Programming and occupancy costs moved to the Student Programs Officer.
- New Associate positions to contribute to the focus on advocacy.



STUDENT PROGRAMS OFFICER

Key Changes:

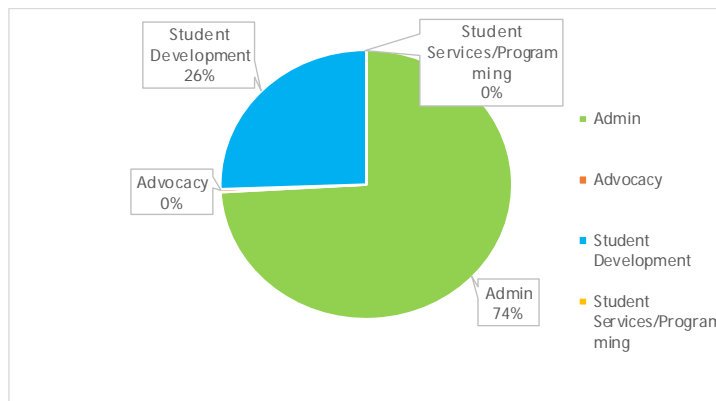
- Increased costs for occupancy and new Associate positions.
- Reconfiguration of programming dollars to allow more flexibility.



SECRETARY-TREASURER

Key Changes:

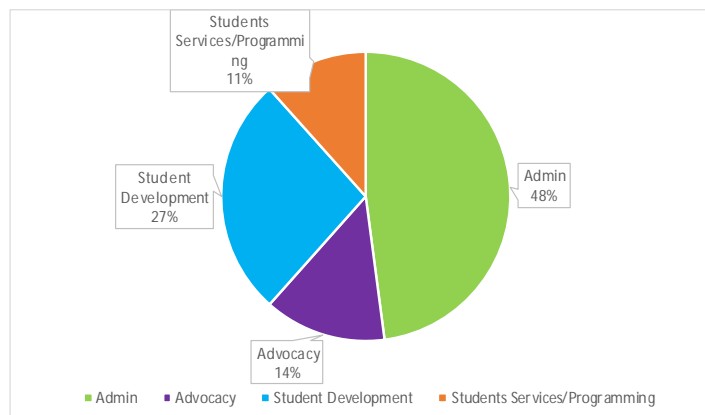
- Addition of the Associate, Governance to provide more support to policy work.
- Increase in elections allocation.



COMMUNICATIONS OFFICER

Key Changes:

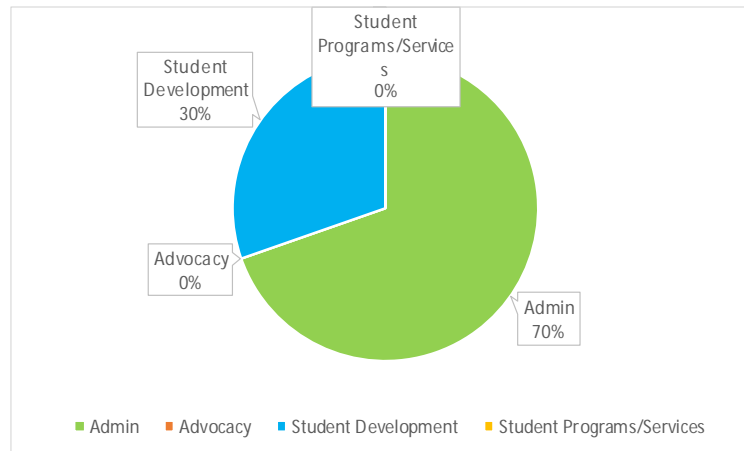
- Changes to the organization of the portfolio because of the USC Promotions Department.
- Allocations for supporting advocacy with promotions, publications, and initiatives.



STUDENT COUNCIL

Key Change:

- Change from part-time wage for the Speaker to a dual-installment stipend.

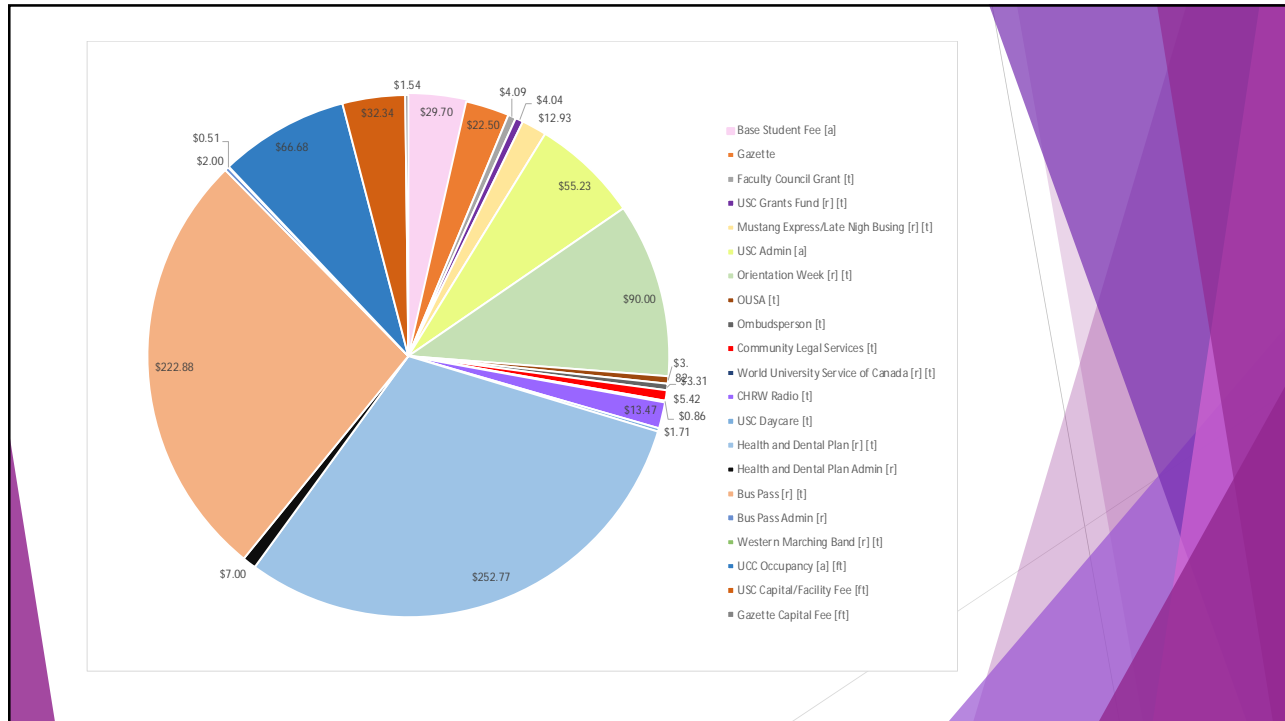


STUDENT FEES

All fee increases are at a rate of 2.4% with the following exceptions:

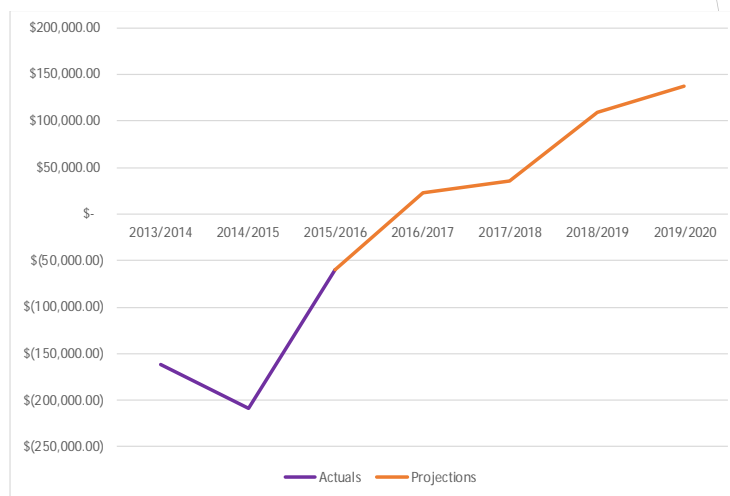
- Gazette: The Gazette continues to evolve in its digital transformation phase, and the \$3.23 fee increase covers new and ongoing costs
- USC Admin Fee: In order to continue providing free space student clubs and activities, the University Students' Council is increasing the USC Admin fee by \$2.50.
- Health and Dental Plan: The annual premiums increase at a rate of 5% to ensure the University Students' Council can continue to provide reliable insurance coverage to students.
- Bus Pass: The student bus pass is increasing by 3.24%, or at a fixed rate of \$7.00. These increases are arranged in the London Transit Corporation's negotiations with the University Students' Council.

For the upcoming 2016/2017 academic term, Student Organization Fees are increasing by a total \$32.70, an overall 4.09% increase from 2015/2016.



CORPORATE MULTI-YEAR PROJECTIONS

- Healthy projections for 4-years of surplus.
- Reclassifications of part-time students have decreased student numbers.



Thank you for listening!
Please contact Jon to set
up your one-on-one!



London
CANADA

February 24, 2016

To whom it may concern,

This letter is in support CHRW (Radio Western). A community first organization lead by a small team and a group of dedicated and hardworking volunteers. This organization has been instrumental in the formation, development and growth of the local music scene and industry.

CHRW has always been a station of firsts; first to air an artist, first to interview an artist and first to train students/community on broadcasting. The stations content and support for local music is an integral part of the fabric that makes up London's music community. Programs like the National Mailer help Western students and the community spread their music across Canada.

With a large and influential program like the Don Wright Faculty of Music housed at Western these students need the support of a University radio station. The opportunities Radio Western present to students is second to none. Don Wright Faculty of Music students attend Western because of the great name the program has throughout the country. This awareness is created in part by the success of Radio Western. Programs like Music Education, History, Theory, Performance, Arts, Administrative Studies, Popular Music Studies, Dance and a collaborative program between Western-Fanshawe (Music Recording arts) all directly benefit from Radio Western and the servicing they provide. Ten (10) different degrees are directly linked to Music and need Radio Western.

Radio Western is a key aspect of the London Music Economy and is programmed through 300 volunteers over which 170 volunteers are Western students. CHRW helps promote and support local music, live music venues, production studios as well as servicing the student body. This all spins off to support a vibrancy throughout London and the school campus earning London a reputation as a great city and furthermore a great community to attend post-secondary schooling.

As other organizations have received significant increases in their funding over the past number of years Radio Western has continued to operate on marginal increases. It is my opinion as the Music Industry Development Officer for the City of London that CHRW continue to be supported as is.

Please feel free to connect with me to discuss things further

Sincerely,

Cory Crossman
Music Industry Development Officer
City of London Culture Office





Radio Western

BUDGET NARRATIVE

FISCAL 2016/2017

Overview

The main source of revenue for Radio Western is the Student Fee – this fee has increased 10.7% over the past 12 years. In Feb 2015, Council voted to accept a recommended freeze of Radio Western’s CHRW’s Student Fee at \$13.15 for the next 3 years.

Radio Western began paying an occupancy fee to the USC about 5 years ago, and this is now budgeted to be almost \$32,000 or about 8% of the Student Fee Revenue. CHRW space is space the USC receives for free from Western University.

Results are showing that Radio Western is on schedule to exceed all current “non-student fee” revenue projections. Radio Western has worked to improve current & develop additional revenue streams. In 2016/2017 we have created our Shopify store, Advanced Music Production Stream, and Production Studio Rental. National revenue has picked up this year, so we are projecting a modest increase next fiscal. We’re not projecting an increase in Friends of CHRW revenues but CHRW Management has discussed ways to improve the card as a marketing vehicle for the station and is committed to it for 2016/2017.

The CHRW Board of Directors has approved a capital investment to be no more than \$8,000 to improve in station and mobile video streaming capabilities.

Current Status

Radio Western was created by Undergraduate referendum and went on-air on October 31, 1981. In 2008, under direction from the USC, Radio Western Chair and USC VP Finance David Singh, led Radio Western through a Visioning Process during which the Mission, Vision and Principles statements that are displayed on the website, posted in CHRW Studios and included with this budget documents were created. They focus on the strengths of Radio Western which is to offer Western students and community members the opportunity to explore radio broadcasting, production, marketing etc.

Radio Western has invested in major items such as \$150,000 in a tower project to increase the power of the station, \$20,000 to purchase a digital on-air console, and most recently about \$150,000 in our production studio.

All show are recorded and available via CHRWRadio.ca for download or streaming. CHRW is not able to offer all music show podcasts (delivered via XML or RSS) as our licensing does not permit it. We are working on having spoken word shows delivered via XML or RSS, and when the licensing does permit it, we will "turn them on".

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1. Get Involved with Radio Western – volunteer, work study, part-time employment. Radio & Music Production, Interviewing skills, News casting, Video Editing, Music and Spoken Word show hosting, Volunteer Management, Marketing & Sales, Promotions, are all departments in which students can get involved.
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What has Changed?

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Our current website is now able to demonstrate how many individual shows are downloaded or streamed from the website. Very preliminary data shows streaming is very popular with fewer shows being downloaded.

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Radio Western Motion Presentation Script to Go **Along With Powerpoint Slides** (As presented on Feb 24 @ USC Meeting).

SLIDE 1: Radio Western

- Background
- Reach On & Beyond Radio
- Student Experience
- Benefits of Student & Community Collaboration
- Strategic Direction

SLIDE 2: History

- Roots in the early 1970s as a Saturday overnight show on what is now FM96
- Established by referendum & began as a closed circuit station out of Saugeen in 1979
- **CRTC Approved the FM license application and 94.7 CHRW launched on Oct 31, 1981**
- **Built new tower at One London Place, London's tallest building, and relaunched on new frequency 94.9 on Nov 28, 2003**
- Student fee has increased only 10.7% over last 12 years in comparison to other student organizations
- **Capital investment in recording studio & video is just beginning to pay off**
- **Website now has show downloads and show streaming**

SLIDE 3: Governance

- Canadian Radio-television and Telecommunications Commission (CRTC) licenses and regulates CHRW-FM.
- Until 2015, Radio Western Chair had always been USC VP-Finance or Communications Officer.
- Currently, the Board elects the Chair who is currently Halfdan Kelly. **He spent 8 years on the Western University Board of Governors and is a past President of the Western Alumni Association.**

SLIDE 4: Mission

- **In 2008, USC VP-Finance and CHRW Chair, David Singh, led CHRW Board members, volunteers, USC staff and UWO members through a visioning exercise to develop the Mission, Vision and Principles statements the organization uses today.**
- "To provide a comprehensive training program for volunteers from Western and the greater London area to deliver high quality campus/community radio programming, production and broadcasting."

SLIDE 6: Principles

- Provide an alternative to music and in-depth spoken word programming from that heard on other local radio stations.

- Champion such values as freedom of expression, fairness, respect and accountability with regards to participation and programming.
- Support, promote and create linkages amongst students, the University Students' Council, Western and the London community.
- Create and deliver programming by the most appropriate and efficient means and technologies possible.
- Pursue alternative sources of revenue to reduce the financial burden on students.
- Be a positive force for social change in the community.

SLIDE 5: Vision

- 94.9 CHRW envisions a future where it will become an organization whose volunteers will develop the skills and experience to fully participate in the training of volunteers, the management of aspects of the radio station and the development of programming, in order to better reflect their community and its place in the World.
- 94.9 CHRW is an outlet for the creative skills and energies of its communities.
- 94.9 CHRW will create and distribute public news and information that is accurate, balanced and trustworthy.
- 94.9 CHRW will become a place where the World can hear the people and the stories of the people and communities that contribute to the makeup of London, Ontario.

SLIDE 6: Reach On & Beyond Radio

- Western Athletics – Live Sports & Student Athlete Interviews
 - provide full coverage of football, basketball and hockey games
 - provide interviews with student athletes and celebrate their accomplishments
- Western News via newscasts & spoken word shows
 - we focus on news coverage that may not get mainstream media attention
 - many stories about the work that professors and classes are doing
- Music Student Council & USC Club “Sonic Arts Society” has a weekly show on CHRW which features student musicians and include video and music recorded in CHRW Production studio
 - We help aspiring artists get air time
 - We help students build their repertoire and help them to produce music and videos that can be shared on the internet to further gain recognition
- Wake Up Western - 10 hours a week, interviewing USC Clubs, Elections, Western Administration
 - We help promote campus events and things that students are doing
 - For example, the VP events for Arts and Humanities had reached out to CHRW on a number of occasions to help promote events that the council is putting on
 - Most recently we we will be helping to promote the upcoming production of Carmen Aguirre's, “The Refugee Hotel”
 - 12 hours of live broadcasting from Kings, march 4th 7pm-7am
- Specialized Programming
 - Partnered with Ally Western
 - We host special days of programming
 - All Womens Voices

- All Gay All Day
- All Black Everything
- LGBTQ : Rainbow Radio, hosted by Ryan Robinson - the only LGBTQ radio show in the London Community
- 3 Multicultural shows with 58 student volunteers
- Alumni on the air
- Student multicultural shows – 3 with 58 student volunteers
- Professors on CHRW – regular show hosts, guests
 - sounds like politics (political science professor, Paul Larson)
 - History of Us, Steve Kopp, Assistant professor

SLIDE 7: Beyond Western

- We broadcast in over 10 languages – Assyrian, Greek, Eritrean, Polish...
- Specialty music shows – folk, punk, electronic, jazz...
- Local Music Scene – only radio opportunity for most musicians
 - only radio opportunity for most musicians
 - live to air
 - bring in bands from the city
 - released an album with local and western students which was recorded in CHRW studios
 - Help to bridge game between community and campus
- Alumni around the world participate
- Students connect with community members
- Jack Richardson London Music Awards - Jordon Pearson past FIMS President won Jack Richardson Music Award for Halcyon and played on CHRW

SLIDE 8: VOLUNTEER PROFILE (Ian Doig-Phaneuf)

SLIDE 9: EMPLOYABILITY

- Our experiences make us employable individuals
- Networking with industry professionals and getting the experience that employers are looking for in a variety of departments: marketing, music production, journalism, graphic design, videography, many more

SLIDE 10: SKILLS LEARNT

- Variety of skills that operate the station including the use of equipment software, skills that fall under roles such as interviewing, announcing sports, broadcasting the news, musical production
- Also include skills you acquire when doing these things: increased leadership, teamwork, communication which includes public speaking, listening, questioning, social awareness, time management, responsibility and accountability

SLIDE 11 : ALUMNI

- Donovan Bennett, Reporter/Producer at Sportsnet
- Eliote Friedman, Sports Journalist at Sportsnet
- Dan Schulman, Sportscasters for ESPN and Sportsnet
- Adrienne Arsenault, Foreign Affairs Reporter for CBC
- Avis Favaro, Medical Reporter for CTV

- Jennifer Palisoc Reporter for Global News
- Kevin Newman, Journalist and Sports Anchor for CTV National
 - First News Director who was a part of the crew who broadcasted the first mustang football game
 - Visited CHRW last Fall and talked about how beneficial CHRW was to himself and to students today while the media industry goes through transformation
 - “100% CHRW kick started his career, gave him the hands on experience he needed”

SLIDE 12: WESTERN EXPERIENCE

- First thing Western tells incoming first years is that “Western has the best student experience in Canada.” What is the reasoning for it??
- Every student is going to have a different experience at this school but its things like CHRW that set us apart from other universities
- Students are encouraged to make the most out of their post-secondary experience and everything it has to offer, this can only be done by taking initiative and being involved

SLIDE 13: VOLUNTEER PROFILE (Connell Miller)

SLIDE 14: CHRW Strategic Direction

- CHRW Strategic planning is still being influenced by the PREZI Presentation made to Council in Jan 2014 <https://prezi.com/w9wbqjnyflk3/within-next/>
- CHRW is a live-streaming, arts, cultural and entertainment based medium, and while audio is still the prime focus the Board recognizes video is an important marketing & promotional tool
- CHRW Board has approved a capital expenditure of \$8,000 to improve CHRW’s video streaming capability
 - investment in video equipment and production
- Focus on video and online content
 - Connect to students in new ways
 - Visual culture
 - CHRW isn’t just one contribution
- Revitalizing the CHRW Board of Directors – there is a position on the Radio Western Board of Directors for a USC Councillor

SLIDE 15: Enhance the USC

- USC currently has a Promotions Department, CHRW would like to be considered a resource and perhaps attach one volunteer to the USC Promotions Committee to support the USC and it’s initiatives
- Radio Western has a similar mandate as Ally Western – team us up to encourage collaboration
- Live broadcasting from the Atrium
- Formal coverage of USC Elections
 - on air debates, platforms on radio
 - reach more students
- These can be expanded upon and discussed in future USC/CHRW brainstorming sessions

SLIDE 16: Memorandum of Understanding

- CHRW has legally been a separate corporation for over 35 years but has always been part of the USC.
- The CHRW Board was the USC Exec until 2006
- In 2007, under direction from the CRTC, CHRW reorganized it's Board to include volunteers, community members, and Western members
- In 2014, CHRW made further changes to its bylaws to satisfy additional CRTC concerns
- There is no current signed Memorandum of Understanding with the University Students' Council
- Communication between the two organizations is poor and CHRW recognizes the importance of improving them

SLIDE 17: USC, City of London and CHRW

- Include CHRW in the...
- Principles of Collaboration and Commitment BETWEEN The Corporation of the City of London, Ontario AND The University Students' Council of the University of Western Ontario
- "Recognize and respect the fundamental role that the City plays in making London a stronger community for all of its residents, and acknowledge that, from time to time, what is best for the entire London community may be at odds with what is best for the USC, and /or undergraduate students."

SLIDE 18: What could western lose?

- Opportunity for Live Streaming Visibility
- Diminishment of the Western Experience
- Loss of experiential learning
- Loss of opportunities for employment
- Connection with arts in London is a vital link