What is a Soph?

A Soph provides an orientation to campus life for the incoming class of students during the first week of the Fall Term. A Soph has a responsibility to facilitate an Orientation Program that promotes personal wellness, encourages participation in a variety of campus community-building events, and positively connects new students to the University's social environment and its academic resources.

Sophs role model strong academic achievement, promote healthy lifestyles and experiences that foster personal development and support a diverse population of students in their transition from home to University life.

After Orientation Week, Sophs transition to a yearlong support role for new students. This support role includes regular contact with first year students, participation in programming events, and referring students to campus and community resources.