

Health and Wellness Committee

“The Health and Wellness Support Service is a service that aims to improve the health and quality of life of all undergraduate students at Western. It aims to provide services and educate on issues surrounding mental health, social health, campus safety, healthy lifestyles, and alcoholic substance abuse prevention.”

As a part of providing this service, the Health and Wellness Support Service is guided by a Health and Wellness Committee made up of committed members of the Western community.

The role of a Health and Wellness Coalition member consists of attending a bi-weekly meeting to collectively brainstorm and create services and programs to address the health and wellness needs of Western students. In addition, members would be expected to assist in the implementation of the events.

Name: _____

Program: _____ Year: ____

Phone Number: _____ Email: _____

In addition to being a committee member there are two executive positions to be filled:

Secretary - responsible for taking minutes at the bi-weekly meetings

Promotions & Communications Liaison - responsible for assisting the development and execution of the promotions aspect of the programs and services proposed by the H&W Committee. Additionally, they are responsible for updating related social media sites for the public.

Community Liaison - responsible for seeking out and securing appropriate partnerships with the Western and wider London community and related services

If interested in these positions please indicate here:

Secretary ____ Promotions and Communications Liaison ____ Community Liaison ____

Please Answer The Following Questions:

1. What relevant experience do you have that would make you the best candidate?
2. What other obligations do you have this year? How would you manage the role of being an exec with those obligations?
3. Identify the areas that fall under the Health and Wellness umbrella that you are most passionate about and how you would like to possibly see these areas being addressed.

Thank you for expressing interest in the Health and Wellness Committee! Please send the completed application to healthwellness@westernusc.ca